

Chop Fayne: Nutritional Realities in Cameroon and Interventions in the Northwest Province

Reinsma, Kathryn
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Loma Linda University - Public Health

This paper illustrates the socio-cultural, economic, political, and health environment and work experiences of a Peace Corps Master's International Student in Cameroon, Africa, from October 2005 to November 2007. This paper is not written with the intention of giving a complete synopsis of the social, economic, and nutrition situation of this sub-Saharan country, but merely to provide a snapshot of the current circumstances, summary of the nutrition interventions and public health projects attempted, and lessons learned. In order to provide the context in which this paper was written, the first chapter will begin with an explanation of the

Peace Corps Master's International coordinated program, a brief history of Cameroon, and a broad overview of the current political, social, economic, and environmental situation. The second chapter will summarize the nutrition status of Cameroonians regarding diet, mother and child nutrition, non-communicable diseases, and people living with HIV/AIDS (hereafter referred to as PLWHA). The third chapter will focus on the various nutrition interventions attempted among mothers of young children, people with diabetes, and PLWHA in the Northwest Province. The final chapter will pertain to the rehabilitation of the water project, the main work project throughout the two years.