

<p>STANDARD SECTOR INDICATOR CODE: YD-001-A</p>	<p>Life Skills – positive identity & self-esteem: Number of youth, out of the total number of youth the Volunteer/partner worked with, who described or displayed three or more of their own personal strengths or assets as evidence of improved sense of self-esteem or self-worth. (YD-001-A)</p>	
<p>Type: Outcome</p>	<p>Unit of Measure: Youth</p>	<p>Disaggregation: Sex: Male, Female Type of Youth: In-School Youth, Out-of-school Youth</p>
<p>Definitions:</p> <p>Youth – In-country projects may adapt a locally appropriate definition of youth. While youth are commonly defined as ages 15-24, some external agencies, such as UNFPA and WHO, more broadly define young people as ages 10–29. Volunteer reporting against youth indicators should reflect the ages of youth their project is designed to reach in their host country, and PMs/APCDs should clarify for Volunteers the target age of youth for their activities.</p> <p>Partner/s – Local counterpart who is co-facilitating life skills activities with the Volunteer.</p> <p>Personal strengths or assets – knowledge, skills, qualities, attributes, or talents a young person identifies that they possess and that are valuable. See the 40 Assets Checklist</p> <p>Self-esteem and self-worth (synonyms) – Two primary components of this are self-confidence and self-efficacy. A young person has self-confidence when they believe “I’m valuable” and has self-efficacy when they believe “I’m capable.”</p>		
<p>Rationale: Identifying and valuing personal strengths and assets are elements of a positive identity and assets in youth development. An increase in the number of youth who describe or display their personal assets shows that youth are more able to engage in positive behaviors and avoid negative, destructive behaviors.</p>		
<p>Measurement Notes:</p> <ol style="list-style-type: none"> Tools and Methods: A post should select the most appropriate tool for the post, and adapt it at the post level for their Volunteers’ use. Recommended methods for gathering data from individuals to show progress toward achieving this indicator include observation, an interview or pre and post tests. Activity-Level Baseline Data Collection: Baseline data is required for measuring change and progress toward indicator achievement for this outcome indicator. Volunteers are asked to maintain a record of youth with whom they are working (TOTAL) and baseline and follow-up measures for each youth. Please note that successful documentation of a life skills change requires a period of relationship and trust-building with young people, and an understanding of cultural norms and gender relationships. It is recommended that a level of trust be developed before taking initial baseline measures for this indicator, and that the “program” of activities adopted begin following this baseline measure. Frequency of Measurement: Volunteers should report in their VRF once at least one individual has achieved the indicator. Please note that successful documentation of a behavior change or new practice may not be immediately apparent following the completion of activities and may need to be planned for at a later time. Indicator achievement per individual can be reported only once per fiscal year in the VRF. Definition of Change: In order to report against this indicator, Volunteers should document the number of youth 		

who were unable to describe or display three or more personal strengths or assets before working with the Volunteer/partner, and were able to describe or display three or more personal strengths or assets after working with the Volunteer/partner. If a youth already described or displayed three or more personal strengths or assets associated with self-esteem or self-worth at the baseline measurement, the Volunteer would not count him/ her as having achieved additional any additional change for this activity because the maximum level of change measured for this indicator has already been achieved. NOTE: If at baseline, nearly all of the youth with whom you are working have already displayed or described as their own, three or more personal strengths or assets associated with self-esteem or self-worth, Volunteers should consider implementing other activities that will lead to different outcomes in the project framework.

Alignment with Summary Indicator: YOUTH LIFE SKILLS