

UGANDA

Girl Child Project

Pabo Region: School Uniforms and Games

Akello, 15 years old

I live in Eastern Uganda. My name is Akello. My home is in Pabo, which is located in northern Uganda.

In Uganda, most schools have a required uniform. For girls this usually means a collared shirt and skirt that goes below the knees.

I go to school at Keyo Secondary School because of the good environment and because of the school's good performance and reputation. At school, we have to wear a uniform. I actually really like it! Girls have to wear navy blue skirts and white socks. We also have to wear a white button-up shirt with our school badge on the front pocket. I like the design. On the badge, it says Keyo Secondary School: Arise and Shine.

Many girls in my village have shaved their heads. Going to school means that students shave off their hair to keep everyone looking the same.

While in school I like chatting with friends. It doesn't matter who it is: I like chatting with boys and girls. I just love being around my friends! When I am free, I like reading books.

After school we like to dance! There are many traditional dances in Uganda. Another activity is playing games after school. We also love to play with jump ropes! You can either play by yourself or skip with your friends. If we can't find a Hula-Hoop, we use old tires instead. They are actually a lot of fun!



When I get home I like to cook **boo**, a green leafy vegetable. I like to cook it because it is very nice and tasty! A major task every day is sorting through boo. Mostly, I help my mother and father with the work. I love to help with the cooking. I like to smear the house (to repair the mud walls) and also to help fetch water and collect firewood.



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What Did You Learn About Akello's Life in Uganda?

What continent is Uganda located on?

Look at the map on this page to find Uganda. What are some other countries surrounding Uganda? For help, consult a world map!

Does Akello go to school? What does she study?

What does Akello do for fun?

What food does Akello and her family eat each day?

Akello helps her family do many things around the house. What are some of the chores she does?

What was your favorite part of Akello's story?

Want To Know More About Uganda?

[Website on Uganda's culture](#)

[Facts on Uganda's schools](#)

[UNICEF statistics on Uganda](#)

[Peace Corps' World Wise Schools website](#)

aboutuganda.com/uganda/arts_and_culture/culture

worldfacts.us/Uganda.htm

unicef.org/infobycountry/uganda_statistics.html

peacecorps.gov/www/classroom



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GEORGIA

Girl Child Project

Adjara Region: Making Khatchapuri

Nato, 13 years old

Gamarjoba! (Hello!) I live in Adjara. My village sits high in the mountain range that separates Adjara from Samske-Javakheti in Southern Georgia.

Here, I go to a village school five days a week. For me, school is my home, and I love it very much. I study math, Georgian, geography, history, physics, chemistry, Russian, English, art, PE, and music. I personally like math the best, but many other girls love history and biology.

At home, food is very important. Food is everything for a Georgian family. Girls here like making and eating potatoes. In Khulo, we make borani, which is a cheese and butter dish that can be fried together with other ingredients like potatoes or eggs. We also make Adjaruli khatchapuri and halva. Adjaruli khatchapuri is bread shaped like a boat baked with cheese. On the top is butter and sometimes an egg. Halva is a cookie made from toasted flour, sugar, and butter. We make halva for some religious holidays and for funeral or memorial services.

Girls in Adjara love to dance. In our region, dance is a very important tradition. Many girls dance and they have a lot of success. They have gone to Turkey and many other spots for dance tours. There is a dancing group called Arginetti.

There are many different types of dances, such as regional dances, like Adjaruli, Samaia, and Khevsuruli. For different celebrations, there are different special dances, like the wedding dance. In one dance, boys fight with swords until girls drop a white flag. This tradition came from Georgia's mountains.





GEORGIA

Girl Child Project

What Did You Learn About Nato's Life in Georgia?

Look at the map on this page to find Georgia. What are some other countries surrounding Georgia? For help, consult a world map!

Does Nato go to school? What does she study?

What does Nato do for fun?

Where do Nato and her family get their food to eat?

What are some of the foods that Nato and her family eat?

Nato helps her family do many things around the house. What are some of the chores she does each day?

What was your favorite part of Nato's story?

Want To Know More About Georgia?

[Website about the Georgian sites and traditions](#)

[Website of traditional Georgian dishes](#)

[Georgian National Ballet Website](#)

[Peace Corps' World Wise Schools website](#)

[georgiaabout.com](#)

[georgianrecipes.net](#)

[www.sukhishvili.com](#)

[peacecorps.gov/wws/classroom](#)



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GUYANA

Girl Child Project

Hinterland Region: Boating to School

Mary, 11 years old



I wake up to my mom in the next room and getting out of bed. I hear my sisters stir next to me in the bed that we share. We sleep under a mosquito net to protect us from the mosquitoes. It's 5:30 a.m. and the sky is starting to get light with the first rays of dawn. I shake my sisters awake, and head to the kitchen to help my mom prepare the meals for the day. I'm excited because I see that my mom is preparing float bake (fried dough, like a doughnut, without icing) and salt fish for breakfast! I help finish cooking breakfast and see that it's already 6:30 a.m.!

I grab my soap, towel, toothbrush, and toothpaste and head to the river to bathe. I grab my sisters and we jump in the river together. After bathing, I change into my school uniform of a blouse and a skirt (in my favorite colors: green and white), and head back to the kitchen to say bye to mom. My dad has been deep in the jungle for the past three weeks because he is searching for gold as a miner. I get into my coreal (dug-out canoe), with my sister and we paddle 30 minutes down the river toward school. Once we reach the boat stelling, we tie up our coreal and walk another 30 minutes and reach school just before the bell at 8:45 a.m. School goes from 9 a.m. to 3 p.m. and I'm happy that today I have my favorite subject, integrated science. I want to be a nurse when I grow up, so I know that integrated science will be very important for that. During lunch, I go to the shop and buy some channa (garbanzo beans), dhal puri (split pea tortilla), and passion fruit juice. After finishing it, I go to the ball field and play some cricket and football with my friends and watch the boys play, too.



At 3, my friends and I meet up to practice dancing for Amerindian Heritage Month. We're going to be doing the Arawak traditional matapee and mari-mari dance. We are going to dress up in traditional tibusiri (stripped palm branches into straw) skirts and headbands, so we spend some time making it with our mothers. We put on the matapee song on my friend's phone and practice for an hour. After practice, it's 4:30 p.m. so mom and I head home and start cooking dinner. We are cooking katakuru (cassava water stew) and smoked fish with cassava bread, my sister's favorite. My sisters and I rotate helping mom in the kitchen, watching our eight-month-old sister, sweeping the house with our pointer broom made of palm

branches, and doing our laundry by hand. After we finish cooking, eating, and doing all our chores, it's 7:30 p.m. and we head to church. There, I get to play the guitar for worship. We sing and have service and, by the time it's over, it's 9! We head home and to bed, ready for another day tomorrow!



GUYANA

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What Did You Learn About Mary's Life in Guyana?

Look at the map on this page to find Guyana. What are some other countries surrounding Guyana? For help, consult a world map!

Does Mary go to school? What does she study?

How does she get to school?

What does Mary do for fun?

What does Mary eat with her family for dinner?

Mary helps her family do many things around the house. What are some of the chores she does each day?

What was your favorite part of Mary's story?

Want To Know More About Guyana?

Information about girl child activities in Guyana
Information about what's happening in Guyana
Peace Corps' World Wise Schools website

www.campglowguyana.org
www.guyana.org
peacecorps.gov/wws/classroom



Activity: Tell Your Story

Today, we have explored the lives of girls in different parts of the world. In their stories, they shared many things about their daily lives. For example, they wrote about their homes, their schools, the food they eat, what they do for fun, and their dreams for the future.

The Challenge: If you were to write a story about your life and your hopes for the future, what would you say?

Directions:

- In the space below, please write 3-4 sentences for each category.
- Each category has some questions to get you started, but you are free to write anything you like include!

The Story of (Print Your Name Here) _____

School

What does your school look like? Where is your school? What do you study in school?
What do you wear to school? What is your favorite subject or class? Why?

Fun/Free Time

What are some of your hobbies? What are your favorite games?
Do you like to be outside?

Music/Dance

Do you play music, sing, or participate in music in your community? What instruments do you play? Do you have a favorite kind of music? Do you like to dance?



Activity: Tell Your Story

Cooking/Food

Do you help with cooking? What is your favorite thing to cook? Who else helps cook meals? Is there a special food you love to eat?

Work

Do you have an important job or task in your house? If so, what do you do? When you are older, what kind of work would you like to do?

Home Life

How would you describe your family? How would you describe your home, where you live? What is your favorite part about your home?

Language

What language do you speak at home with your family? Is a different language spoken in school? Is there a language you would like to learn some day? If so, what language would you like to learn?

Dreams/Goals

Do you have goals for the summer and for the next school year? What are they? Do you have dreams for the future? What are they?
