

Preview

Defining concepts:

1. What does "happiness" mean to you? How do you act and what other emotions do you feel when you are happy?
2. What are 5 things, big or small, that bring you joy?
3. Do you think people in other cultures find joy in similar things as you, or different things? Why?

Discover

Watch the following 3 videos about Happiness in [Mongolia](#), [Paraguay](#), and [Ethiopia](#). As you watch, see what you can observe about the people, culture, and place in each video. Fill in the table below:

	MONGOLIA	PARAGUAY	ETHIOPIA
Climate			
Food & Drink			
Style of dress			
Cultural values	1. 2. 3.	1. 2. 3.	1. 2. 3.
Activities that bring happiness	1. 2. 3.	1. 2. 3.	1. 2. 3.

Reflect

Cultural comparisons:

1. What did all three countries have in **common** when it comes to...
 - cultural values? _____
 - examples of happiness? _____
2. What were some **differences** that you noticed between each country when it comes to...
 - cultural values? _____
 - examples of happiness? _____
3. What examples of happiness did you see that are **similar to your own**?