Afghan American Draws on Peace Corps Experience to Meet Modern Challenges

By Galen Newton

Afghan American and Illinois State University Fellow Jamal Nasafi drew upon the skills he learned in the Peace Corps to maintain a positive outlook after the events of September 11, 2001.

Born to an Uzbek family in Kabul, Nasafi lived in Afghanistan until he was 13 years old. Even at this young age, his life was touched by the Peace Corps. His aunts and uncles attended the American Institute in Kabul to learn English and were taught by Peace Corps Volunteers. Also, PCVs befriended his parents before they emigrated to the United States in the 1970s.

The positive interactions between PCVs and his family during his childhood motivated Nasafi to join the Peace Corps and apply to a Fellows/USA program. “All of my siblings have at one time or another inquired to become Peace Corps Volunteers themselves,” he said. “The course for my becoming a Volunteer was inevitable.”

Nasafi served in the Kyrgyz Republic from 1997 to 1999. There, he taught English as a foreign language to grades six through 11 in a school in the northern city of Tokmok. Later he moved south and taught EFL using a curriculum of communicative activities at Osh Technological University’s Department of International Relations.

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JHU Fellow Receives Cooke Scholarship

Reprinted with adaptations from The Johns Hopkins University School of Nursing News (summer 2002)

Peace Corps Fellow and Johns Hopkins University School of Nursing graduate Rachel Breman was chosen as one of 50 Jack Kent Cooke Foundation graduate scholars. Breman will receive up to $50,000 a year for up to six years to pursue graduate studies in her chosen field.

Breman speaks five languages and was an exchange student in Costa Rica at age 15. She later attended college in Seville, Spain, worked in Angola, and learned French and Djerma while she was with the Peace Corps in Niger.

In 1996 Breman graduated from Brandeis University, and in 1997 she traveled to Niger on behalf of the Peace Corps as a women’s development agent, coordinating and managing programs and teams, including establishing a village bank that secured funding for the village.

Since graduating from JHU’s Accelerated Program in July 2002 and obtaining her nursing license, Breman has enrolled in JHU’s School of Nursing and School of Public Health’s joint MSN/MPH program. She is also working as a labor and delivery nurse at Mercy Medical Center, an inner-city community hospital in Baltimore. Ultimately, Breman plans to use her nursing and public health knowledge to address maternal and child health issues among underserved populations in the United States.

The Jack Kent Cooke Foundation identifies young people nationwide who have shown unique overall excellence both in academic endeavors and in extracurricular activities. For more information, visit the foundation’s website at www.jackkentcookefoundation.org.
It was only three months after Nasafi returned to the United States that he decided to apply to Illinois State University’s Fellows/USA program. “I decided while in the Kyrgyz Republic to return home [to Illinois] and pass on my knowledge while developing my own career path by joining Fellows/USA.” Nasafi studies applied community and economic development.

According to Nasafi, the transition back into American life was not easy. In the Kyrgyz Republic many people wondered how someone of Central Asian descent could call himself an American. Many also overlooked his American values and character because he did not “look American,” he said, treating him as a Central Asian instead. In America, especially post-September 11, Nasafi had to confront similar assumptions. “People hear my slight accent and treat me like a foreigner,” he said. “In Chicago, there were many protests and teenagers waved the American flag in my face for looking different, and I worried about leaving the house.”

“The fact that I happened to have been born in Afghanistan sets me apart in a unique way,” he said. “All of the things I have done suddenly go out the window as soon as people find out where I am from.”

However, Nasafi believes, “‘America the Beautiful’ is a nation of diverse peoples, and is always honestly striving toward harmony.” He asserted, “You can witness this effort at striving toward maximum benefits of liberty, justice, and democracy for everyone through the diversity in all areas of life and in every public institution in America.”

This belief strengthens his commitment to his Fellows/USA experience. “Being a Fellow means being a multi-faceted citizen ambassador spreading goodwill and understanding among all peoples and contributing to the betterment of society,” he said.

Nasafi also recognizes the practicality of the Fellows/USA program. “The transition between school and work is so much more meaningful when there is a period of professional practice internship, in which a Fellow can put her/his education and life skills in the context of the community development process and connect it to world development in general.”

Two New Universities Join Fellows/USA

Carnegie Mellon University
At Carnegie Mellon University in Pittsburgh, Fellows will earn master’s degrees in public policy and management, arts management, or health care policy and management with concentrations in information technology management, criminal justice policy, policy analysis, public finance, or environmental policy. Their internships will be with public or nonprofit organizations, including health care or arts organizations, local government, school systems, or community development corporations.

University of Denver
At the University of Denver Fellows will pursue master’s or doctoral degrees in international studies; international administration; global finance, trade, and economic integration; global studies; international development; international human rights; or international business transactions. Internships will be with nonprofit organizations in the Denver area and based on Fellows’ interests.
Fellow Doubles as Coed Wrestling Coach

Ali Vowell, a Fellow at Northern Arizona University, had never even seen a wrestling match, let alone coached a team. But, as she puts it, “the Peace Corps taught me that you have to learn as you go.”

Vowell, who teaches ninth-grade English at Hopi Junior/Senior High School on the Hopi Reservation, coaches a coed wrestling team there. As someone who is actively involved in school activities—she is also the journalism and junior class sponsor—she was asked to help coach the school’s wrestling team when a couple of female students joined. She was eventually asked to coach the entire team.

For Vowell, this has been an opportunity to get to know her students in a way that she could not have done in the classroom. “Those long bus rides to matches have been a real bonding experience,” she said. And seeing her wrestlers grow has been very inspiring. She described a female wrestler who had never wrestled before and lacked confidence. “She would cry after she lost a match.” According to Vowell, she gained confidence with the help of her teammates. “Their sense of community is amazing. There is not the competitiveness that is present in other American teams. They really work together.”

The wrestling mat is not the only place where Vowell has an impact. Her colleague Saundra Schimmelpfennig, who completed her Peace Corps fellowship last fall, remembers what a positive influence Vowell had on her students in the classroom. Vowell “had this incredible ability to get her English students to open up to her. … She always spoke to them as teenager to teenager instead of adult to kid, and in turn they really heard her.” Also, according to Schimmelpfennig, Vowell truly engaged her students in their studies. Some of them really “got into” literature projects, she said, describing Vowell’s influence in this regard as “amazing.”

Vowell served with the Peace Corps in Micronesia from 1998 to 2000, working in a library development and reading education program while teaching ninth-grade English in a small school. After her overseas service, she took a year off and traveled to Hawaii. “When I realized I was broke, I decided that I needed a master’s degree and a job. Fellows/USA put those two together,” she said.

Her transition back to the United States has been smooth because her overseas and Fellows/USA experiences have been so similar. Vowell’s internship is in an isolated area, like her post in Micronesia. Also, the Hopis have a distinct culture and a strong connection to their religion, as did the Micronesians, she said. “Sometimes it doesn’t feel like I am in America, and I mean that in a good way.”

Fellows in the Northern Arizona University program do not spend all of their time on an isolated reservation. During the summer they are expected to take a full class schedule at the campus in Flagstaff, devoting most of their time to studying. During the school year, they work full time on Navajo, Apache, or Hopi reservations.

Vowell’s fellowship has presented her with some new challenges. “Every day is like a roller coaster. Like every teacher, each day I question why I am here. But I have isolated moments that make me realize that it fits, it works, and I enjoy being out here,” she said. “Being a Fellow means that I am somehow still connected to the Peace Corps and that I am continuing important work.”

By Galen Newton

(l–r) Fellows Elena Andreotti, NAU; Cynthia Holahan, New School University; Ali Vowell, NAU; and Amy Steffes, Teachers College, participate in a breakout session at the 2002 Fellows/USA Convocation.

2002 Catalogs Are Available

Fellows/USA’s 2002 program catalogs are now available. The catalogs feature descriptions of and contact information for each Fellows/USA program. If you or an RPCV friend are interested in receiving a copy, contact the Fellows/USA office. Coordinators should have received them in the recent fall mailing.
Program Updates

Drum Circles and Skateboards: Contrasts of Navajo Student Life

By Jeannie Frazier
Fellow, Western New Mexico University

Fellows at Western New Mexico University and program coordinator Patricia Maguire, Ph.D., [fifth from the left] get to know one another during a fall camping retreat.

Being a Fellow and exploring Native American cultures is much like my overseas service in Cameroon from 1998 to 2000. There have been many challenges and surprises with my fellowship on the Navajo Reservation. I teach seventh-grade English to Diné (Navajo) students. Many of my students live in traditional hogans without running water or electricity. They sometimes come to school smelling of smoke from the fires used to cook food in the center of the hogans. My students often attend ceremonies that last through the night, which prevents them from turning in their homework the next day.

At the same time, Western influences are visible in their culture. Some of my students wear heavy-metal T-shirts and dye their hair crazy colors. Others discuss movies they saw on the weekend, ride skateboards, and write notes to their friends. But in the evening, I run into these same students at traditional pow-wows or at the local open-air market. I watch with admiration as they dance in competitions and sit in on drum circles.

My students find ways to cope with change. For example, the teacher turnover in the Gallup-McKinley County School District is high and the children constantly have to adapt to new teachers. Because of this, some of my students are reserved and a bit mistrustful. Getting them to open up is a challenge. When they do share bits of themselves, however, it is a special gift. They tell me about rituals like the puberty ceremony, which the females undergo at this age. I love discussing these rituals with them, and they seem excited to talk about them.

In Cameroon, I worked as a health educator in the village of Nkol Kosse. After my service, I sought a program that would allow me to get a master’s degree and explore Native American culture. The Fellows/USA program at Western New Mexico University was perfect for me. I teach full time during the day and earn a full teacher’s salary.

In the evenings, I am able to take affordable graduate classes. The program is aligned with the school district schedule, and the material that I learn at night directly enhances my teaching the next day. I thought teaching and taking classes would be difficult, but it is not. The classes begin a month after my teaching semester starts. Graduate class meeting times are reasonable, and the material gives me the necessary tools to become an effective educator.

It is also nice to have the support of other Peace Corps Volunteers, who seem to be drawn to this area. I encounter them at parties, in class, and on the street. They are also pleasant to work with. Instead of complaining about the lack of resources and district or parental support, as many teachers do, RPCVs adapt to the situation and find ways to overcome these difficulties.

My Fellows/USA experience has given me a new respect for teaching, a profession that requires such intense energy and ability. Having 90 students rely on me to teach them to read and write is such an awesome task. Learning how to teach effectively is a monumental undertaking that takes most educators years to perfect and requires constant refining. The Western New Mexico University Fellows/USA program is helping me reach my goal of becoming an effective educator.

Illinois Program Wins Awards

Congratulations to the Fellows/USA program at Western Illinois University for receiving the prestigious 2002 Innovative Program Award from the International Community Development Society! WIU’s Fellows/USA program is the only U.S. program to receive the award, which was presented in recognition of a superior innovative program implemented by a group using the best practices of the society. Congratulations, also, to WIU Fellow Moses Timah for being selected as the featured Daily Points of Light Award winner for August 19, 2002!
Celebrate Service On Peace Corps Day

On Peace Corps Day, Friday, February 28, 2003, thousands of returned Peace Corps Volunteers will honor 42 years of Peace Corps service by sharing the knowledge and insights gained from their overseas experiences with the communities they live in today. This is your opportunity to promote a better understanding of the people of your host country among the people of your current community.

In the past, Peace Corps Fellows have made presentations at local schools, set up exhibits on their college campuses, sponsored and led panel discussions in their communities, and hosted banquets featuring traditional cuisine from their host countries. You could encourage your local newspaper to write a story about your Peace Corps experiences or you could write a letter to the editor encouraging others to consider Peace Corps service. Consider asking colleagues in your program to make a presentation with you—two or more viewpoints will give your audience a broader perspective of the work of Peace Corps Volunteers and might make the experience more enjoyable.

You may also want to participate in one of the events being organized around the country by Peace Corps recruiting offices and returned Volunteer alumni groups. Contact a local RPCV group or the National Peace Corps Association (www.rpcv.org). It might be able to direct you to a group, school, or organization interested in hosting a speaker or provide additional resources for your presentation.

Sign up to participate today! Online registration is available on the Peace Corps Day website (www.peacecorps.gov/rpcv/peacecorpsday). Or you can complete and mail the reply card attached to your Peace Corps Day brochure to receive a free presentation kit. The kit includes materials to help you prepare for and promote your talk, and provides souvenirs for your audience. Visit the Peace Corps Day website for ideas, suggestions, and resources for help in setting up your presentation and sharing your experiences. Whatever third goal activity you choose—have fun and take pride in your ongoing service to your community and the world. For more information, e-mail pcday@peacecorps.gov, or call 800.424.8580, ext. 1961.

How Did You Celebrate Peace Corps Day 2003?

Write to the Fellows editor at gwynn@peacecorps.gov and tell her your story. She may include it in the next issue of Fellows.

Peace Corps Reaches Out to Global Educators at NAFSA Conference in Texas

Peace Corps Deputy Director Jody Olsen, Fellows/USA Associate Director Cary Ballou, and staff from the Peace Corps’ Dallas Regional Office participated in the 54th annual national conference of NAFSA: Association of International Educators in San Antonio, Texas, during the last week of May. The Peace Corps is seeking to expand its relationships with educational organizations in its efforts to expand the usage of Coverdell World Wise Schools materials, to find new venues for Master’s International and Fellows/USA programs, and to increase the number of Volunteers to 14,000 in the next five years.

Olsen attended the conference in response to an invitation to speak at an all-day symposium on “The Environment for the International Agenda.” Other speakers included Lattie Coor, president of Arizona State University (a Fellows/USA partner), and Rick Noriega, a Texas legislator. Olsen took advantage of the opportunity to promote the Peace Corps and its programs.

The Peace Corps also had an exhibit at the weeklong conference, and members of the Dallas office staff were delighted with the interest generated at the booth. They distributed several boxes of applications to potential Volunteers. Ballou helped staff the booth and spoke at some of the events she attended with Olsen, emphasizing the “lifetime eligibility” for the Fellows/USA program to the many RPCVs in attendance. She serves as sponsoring and programming agencies liaison on NAFSA’s Region VIII Team for Washington, D.C., Maryland, Virginia, New Jersey, and Delaware.
Convocation 2002: *The Third Goal in Action*

Peace Corps Fellows, coordinators, and community partners representing 19 universities attended Fellows/USA’s 12th annual Convocation June 16–19 in Washington, D.C., and Baltimore. Co-hosted by the Shriver Peaceworker Program at the University of Maryland at Baltimore County, the meeting was an opportunity for Fellows/USA partners from across the United States to network and to exchange ideas for improving Fellows/USA programs at the local and national levels.

At the outset of the conference, participants broke into three program partner groups of Fellows, coordinators, and community partners for “town meetings” and set goals for what they hoped to take away from the Convocation. At the end, they met again to assess what they had learned from the speakers and sessions.

Many Fellows stated that they would like to have a better definition of what it means to be a “Fellow.” Coordinators expressed interest in generating fundraising ideas, and community partners hoped to see more sessions at future Convocations addressing their particular interests.

In keeping with the theme “The Third Goal in Action,” a breakout session was held during the conference for mixed groups of Fellows, coordinators, and community partners. Groups discussed how RPCVs can further the Peace Corps’ third goal during their internships and in their daily lives. Some excellent ideas came out of these sessions, which were later presented to all of the conference participants. Suggestions included placing greater emphasis on Peace Corps Day activities on campuses, creating more synergies between Fellows/USA partner universities that are in close proximity to one another, encouraging Fellows to participate in local Peace Corps recruitment events, and creating a Fellows alumni network for groups to get together and plan third goal-related activities.

Several notable speakers addressed Convocation participants, including Peace Corps Director Gaddi Vasquez, and two RPCVs—Columbia University executive and former Iran hostage Barry Rosen, and journalist and author Mike Tidwell.

Vasquez’s address focused on his vision for the future of the Peace Corps and its Fellows/USA program. Director Vasquez stated, “I appreciate the work of the Fellows/USA program and the Convocation’s emphasis on the Peace Corps’ third goal, to help promote a better understanding of other peoples on the part of Americans. This focus is a positive way to extend the experiences of our Volunteers into the hearts and lives of other Americans.”

Barry Rosen, a distinguished RPCV who served in Iran as an English teacher, delivered the keynote address. Rosen shared his perspective on an RPCV’s “lifetime assignment” of advancing the third goal. His experiences added new dimensions to this assignment, however. While he was working as a press attaché at the U.S. Embassy in Tehran, Rosen was among the hostages taken there in 1979 and held until 1981. He currently works as executive director of external affairs at Teachers College, Columbia University. He has also been a public school teacher in New York City and head of the Uzbek desk at Voice of America.

Mike Tidwell (RPCV Zaire) wrote the critically acclaimed book, *The Ponds of Kalambahy: An African Sojourn,* which tells the story of his Peace Corps experience. His most recent book is *In the Mountains of Heaven: True Tales of Adventure on Six Continents.* Tidwell’s address, however, focused more on his effort to fight global warming, which led to his founding of the Chesapeake Climate Action Network in Maryland (www.chesapeakeclimate.org).

Other Convocation sessions included a trip to the National Geographic Society headquarters, where RPCVs currently employed by the organization spoke to participants about the society’s mission of increasing the geographic knowledge of children and educators.

In addition, representatives from the Peace Corps’ Paul D. Coverdell World Wise Schools program and the National Peace Corps Association’s Global TeachNet program informed participants about educational opportunities. The Shriver Peaceworker Program at the University of Maryland at Baltimore County hosted a Bazaar, where they shared ideas for improving Fellows/USA programs at the local and national levels.

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Program Coordinators Meet in Chicago

Fellows/USA’s staff and 16 university partners gathered in Chicago, Nov. 7-9 to orient new partners to the Fellows/USA program and to provide a forum for the more seasoned partners to discuss best practices and share other program management ideas. The agenda included sessions on program marketing and recruitment, succession planning, and funding led by partners and Fellows/USA staff. Guest speakers included representatives from DePaul University, the event co-host; Prevent Child Abuse America; AmeriCorps; and Fellows/USA alumnus William Conard, assistant principal of Roberto Clemente High School in Chicago; and alumna Carla Ellis, associate director of DePaul’s Center for Urban Education. During the event’s opening reception, the group met one more alumnus of DePaul’s Fellows/USA program, David McKoski, a 2001 winner of the Coverdell Award for Excellence. McKoski, who teaches Chinese to predominantly Hispanic teenagers at Roberto Clemente High School, was part of the first group of award recipients. McKoski is in his sixth year at Clemente, where he first worked as a Peace Corps Fellow from 1996 to 1997.

D.C. Recruitment Event Attracts 150

More than 150 RPCVs and prospective Peace Corps Volunteers attended a Washington, D.C., recruitment event Sept. 4 hosted by Fellows/USA, the Peace Corps’ Rosslyn Regional Office, and the RPCVs of Washington, D.C. Organizers planned the event to inform the attendees about their options for pursuing graduate studies after completing Peace Corps service.

The highlight of the evening was a panel discussion led by local Fellows Ailish Zompa, (The George Washington University), Sara Russell (Johns Hopkins University), and Joby Taylor (Shriver Peaceworker Program, University of Maryland at Baltimore County), and local coordinator Jack Levy, Ph.D., (George Mason University). The Fellows described their Peace Corps experiences and how they made the transition from the Peace Corps to graduate school. Levy described the FAST TRAIN program for teachers at GMU.

Fellows/USA included local Peace Corps recruiters in the event to demonstrate the attractiveness of Fellows/USA as a benefit of completing Peace Corps service. Recruiters can offer prospective Volunteers a plan of action after Peace Corps service: enrolling in reduced-cost graduate school while working in an underserved U.S. community. Fellows/USA hopes to hold similar events in cooperation with the Peace Corps’ 10 other regional offices.

Bon Voyage to a Friend

Fellows/USA bids a sad farewell to its program assistant, Natalie Richardson, who is leaving the Peace Corps after four years of dedicated service for a position at the National Oceanic and Atmospheric Administration. Given the late scheduling of this year’s Convocation, there will not be a Fellows/USA Convocation in 2003; the next one will be in the spring of 2004.
Peace Corps Welcomes New DP Director

On August 21, 2002, the Fellows/USA staff joined colleagues in welcoming Allene Zanger to Washington, D.C., as the new director of the Peace Corps’ Office of Domestic Programs. “DP” is the organizational home of the Fellows/USA, Paul D. Coverdell World Wise Schools, Returned Volunteer Services, and Peace Corps Day coordination. Among the most recent of the Peace Corps’ Bush administration appointees, Zanger replaces Joseph Peretti.

The new DP director brings a rich and relevant range of experience and education to the position. She served as a Peace Corps Volunteer in environmental education in Panama (1993-1995), and most recently was director of School-Community Partnerships in the office of the Kern County Superintendent of Schools in Bakersfield, California. In that position she was responsible for assisting 47 school districts and community partners in designing and implementing learning-support programs. She holds an undergraduate degree in political science from the University of the Pacific and a J.D. from Hastings College of Law in San Francisco. She has also served as a deputy attorney general of California.

At Johns Hopkins University, the annual Coordinators Meeting at DePaul University and during site visits to George Mason University, she reports being “very impressed with the program, its administrators, and the Fellows,” and looks forward to visiting other programs.

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